

2025 Adirondack Runners Club Grand Prix

SHORT COURSE

Reindeer Run 5K roadrace GP race # 11

			<u>OV</u>	<u>AG</u>				<u>OV</u>	<u>AG</u>
Males	Age	Time	Pts	Pts	Females	Age	Time	Pts	Pts
Lou Paquette	45	18:48	13	13	Emily McCarthy	42	19:00	13	13
Greg Ethier	52	19:54	11	13	Kate Corlew	12	24:33	11	13
Andrew McCarthy	42	20:25	9	11	Cristina Marchese	41	25:03	9	11
Brayden Moynehan	17	20:57	8	13	Jane Labombard	52	26:49	8	13
Sam Mercado	62	21:11	7	13	Christine Cifone-Clohosey	57	27:44	7	11
Jim Flint	66	21:17	6	11	Daniella Grabbe	12	28:05	6	11
Jeff Sullivan	63	21:30	5	9	Vanessa Negaard	39	28:32	5	13
Keenan Wittenberg	40	24:27	4	9	Cynthia White	43	31:20	4	9
Harris Lonergan	55	24:40	3	11	Lisa Grabbe	44	31:06	3	8
Raymond Ruby	58	25:10	2	9	Tricia Johnston	64	32:42	2	13
Thomas Behlmer	68	26:37	1	8	Jill Mehan	71	34:14	1	13
Mark Sager	75	27:22	1	13	Jennifer Sharp	67	34:23	1	11
Mark Schachner	70	29:34	1	11	Shannon Grommes	52	34:25	1	9
Michael Corlew	14	30:54	1	11	Amy Lapham	49	35:12	1	7
Michael Dolan	67	31:11	1	7	Joanne Underwood	67	35:28	1	9
Harry Ching	62	31:46	1	6	Regina Grabbe	12	36:15	1	9
Don Van Wely	76	31:47	1	9	Suzanne Nealon	75	36:29	1	11
Michael Rozell	68	32:56	1	5	Michelle Ching	64	36:35	1	8
Alexander Grabbe	12	37:50	1	9	Margaret Wallace	76	38:25	1	9
Jeremy Grabbe	49	37:55	1	8	Lyndsey Cahill	43	38:33	1	6
Jim Cunningham	81	43:22	1	13	Candi Schermerhorn	79	44:57	1	8
Ray Lee	83	48:52	1	11	Kathy Pfeiffer	70	47:11	1	7
					Barbara Joudry	66	47:19	1	7

If you think you have been missed, please email me at brianteague@live.com