

2025 Adirondack Runners Club Grand Prix

OVERALL LONG COURSE LEADERS THRU 10 RACES

			1	2	3	4	5	6	7	8	9	10	11			
			S	H	P	R	T	F	C	A	L	F	S	GRAND	Scored	Total
Name	AG	GRP	S	H	M	L	C	S	D	F	M	H	B	T		
					M		A		L		E			Best 7	Races	Races
Jim	Flint	60-69		11	11	7	7	8		13	13			70	7	7
Greg	Ethier	50-59	7	13		11	9	11				9		60	6	6
Andrew	McCarthy	40-49	11			13	11	9				13		57	5	5
Timothy	Schwimer	50-59	3		7	4	4	7	13			11		49	7	7
Chad	Stevens	40-49	8		9	8	8							33	4	4
Tom	Portuese	40-49	9		13	9								31	3	3
Tom	Behlmer	60-69			1	1	1	5	11		11			30	6	6
Don	VanWely	70-79	1	9	1	1		4	7			6		29	7	7
Jeremy	Grabbe	40-49	1	8		1	1				9	7		27	6	6
Lou	Pauquette	40-49	13					13						26	2	2
Harris	Lonergan	50-59	1		4	1	1		9			8		24	6	6
Lance	Purvis	40-49	6				13							19	2	2
Sam	Mercado	60-69				6	6							12	2	2
Alexandru	Mailat	<20			6	5								11	2	2
Keenan	Wittenberg	30-39	1		1	2	1	6						11	5	5
Mark	Sager	70-79			1		1		8					10	3	3
Matthew	Miczek	50-59	1		1	1	1					5		9	5	5
Jason	Campopiano	50-59			8									8	1	1
John	Woodard	40-49	4		3	1								8	3	3
Raymond	Lee Jr.	80+	1		1	1	1					3		7	5	5
Nick	Lamando	60-69			1	3	2							6	3	3
Randy	Hawkins	40-49	5											5	1	1
Joe	Marasco	20-29					5							5	1	1
Lee	Pollock	70-79			5									5	1	1
Steve	Mastaitis	70-79			1							4		5	2	2
Raymond	Ruby	50-59	1			1	3							5	3	3
Nicholas	Rimualdo	<20	2											2	1	1
Anthony	Szmul	30-39			2									2	1	1
Patrick	Connors	60-69			1	1								2	2	2
Michael	Dolan	60-69	1			1								2	2	2
Christopher	Kunkel	60-69	1			1								2	2	2
Daniel	Larson	70-79	1		1									2	2	2
Sean	Palladino	30-39				1	1							2	2	2
Daniel	Rice	50-59	1		1									2	2	2
Ted	Rydzewski	50-59	1			1								2	2	2
Jeffrey	Schwartz	50-59				1	1							2	2	2
Garrett	Smith	60-69	1				1							2	2	2
Ed	Swanson	70-79				1	1							2	2	2
Andrew	Blaine	40-49				1								1	1	1
Scot	Centea	40-49					1							1	1	1
Nicholas	Chowske	40-49	1											1	1	1
Jim	Cunningham	70-79	1											1	1	1
Peter	DeBock	40-49					1							1	1	1
Rich	Elton	70-79					1							1	1	1
Mario	Fasulo	50-59					1							1	1	1
Vince	Fiori	50-59	1											1	1	1

Avi	Goldstein	30-39	1												1	1	1
Alexander	Grabbe	<20				1									1	1	1
Marcus	Grabbe	<20				1									1	1	1
Christian	Grommes	50-59				1									1	1	1
Kai	Grommes	<20				1									1	1	1
David	Judkins	60-69		1											1	1	1
Roy	Kline	70-79				1									1	1	1
Daniel	Olden	70-79		1											1	1	1
Mark	Schachner	60-69		1											1	1	1

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Name		AG GRP	S	H	M	L	C	S	F	M	H	B	O	TOTAL	Races	Races
			F			E	M			A			L	E		
Justine	Trybendis	40-49	9	13	13	11			13			11		70	6	6
Emily	McCarthy	40-49	13			13	13	13				13		65	5	5
Cristina	Marchese	40-49	8		9	8	9	11	11			8		64	7	7
Lisa	Grabbe	40-49	7	9	1*	2	1				13	11	7	50	7	8
Vanessa	Negaard	30-39				5	6	9				13	6	39	5	5
Christine	Cifone-Clohosey	50-59	6		6	6	7		9					34	5	5
Marcia	Paterson	60-69		11	11	7								29	3	3
Cynthia	White	40-49	5			1	1	8	8			5		28	6	6
Beth	Hladik	40-49			4	9	11							24	3	3
Jill	Pederson	70-79	2		1	1	1	7	7			4		23	7	7
Jill	Mehan	70-79	1		1	1	1	6	6					16	6	6
Melissa	Davidson	30-39			5	3	5							13	3	3
Jane	Labombard	50-59				4	8							12	2	2
Megan	Kellogg	20-29	11											11	1	1
Michelle	Ching	60-69	1	7								2		10	3	3
Tracey	Delaney	60-69										9		9	1	1
Amy	Campopiano	50-59			8									8	1	1
Lois	Shoemaker	60-69		8										8	1	1
Beth	Portuese	40-49			7									7	1	1
Heidi	Collins	50-59	1	6										7	2	2
Michelle	Hunt	50-59	4				1							5	2	2
Kristina	Hubert	40-49					4							4	1	1
Mary	Dalaba	60-69	3			1								4	2	2
Megan	DeBock	40-49					3							3	1	1
Daniella	Grabbe	<20			3									3	1	1
Tricia	Johnston	60-69										3		3	1	1
Kathleen	Tersigni	50-59	1			1	1							3	3	3
Regina	Grabbe	<20			2									2	1	1
Mackenzie	Hubert	<20					2							2	1	1
Cathy	Biss	70-79	1		1									2	2	2
Rachele	Herrington	40-49				1	1							2	2	2
Barbara	Joudry	60-69			1	1								2	2	2
Lori	Langdon	40-49				1						1		2	2	2
Elizabeth	Lawler	<20	1				1							2	2	2
Suzanne	Nealon	70-79					1					1		2	2	2

Joanne	Underwood	60-69	1		1		2	2	2
Margaret	Wallace	70-79	1	1			2	2	2
Carol	Bodette	50-59			1		1	1	1
Lyndsey	Cahill	40-49	1				1	1	1
Kathy	Chambers	60-69			1		1	1	1
Janet	Dickey	60-69			1		1	1	1
Alessandria	Fasulo	<20			1		1	1	1
Vincenzia	Fasulo	20-29			1		1	1	1
Shannon	Grommes	50-59			1		1	1	1
Lisa	Lorman	60-69			1		1	1	1
Heather	Pauquette	40-49	1				1	1	1
Linda	Pollock	70-79	1				1	1	1
Diane	Zeccola	70-79		1			1	1	1

The Races:

- SS** Shamrock Shuffle
- HTH** Helerberg to Hudson Half
- PM** Prospect Mountain Roadrace
- RTL** Race to the Lake
- FC** Firecracker 4
- CS** Cerveza Shuffle 10K
- ADF** Adirondack Distnace Festival 10K
- AM** Adirondack Marathon
- LPH** Lake Placid Half
- FB** Fall Back 5M
- STO** Stockade-athon 15K