

2025 Adirondack Runners Club Grand Prix

SHORT COURSE

Cerveza Shuffle 5K roadrace GP race # 7

<u>Males</u>	<u>Age</u>	<u>Time</u>	<u>OV</u> <u>Pts</u>	<u>AG</u> <u>Pts</u>	<u>Females</u>	<u>Age</u>	<u>Time</u>	<u>OV</u> <u>Pts</u>	<u>AG</u> <u>Pts</u>
Lance Purvis	47	19:46	13	13	Tracy Delaney	60	25:20	13	13
Sam Mercado	62	22:59	11	13	Kate Corlew	11	27:50	11	13
Raymond Ruby	58	25:42	9	13	Deana Endieveri	55	38:44	9	13
Harris Lonergan	55	27:17	8	11					
Mark Sager	75	28:37	7	13					
Jim Goodspeed	74	28:46	6	11					
Michael Corlew	13	30:44	5	13					
Dan Larson	74	31:11	4	9					
Michael Dolan	66	34:23	3	11					
Ed Swanson	76	43:21	2	8					
Jim Cunningham	80	48:31	1	13					
Ray Lee	83	52:04	1	11					

Spud Run 5K roadrace GP race # 8

<u>Males</u>	<u>Age</u>	<u>Time</u>	<u>OV</u> <u>Pts</u>	<u>AG</u> <u>Pts</u>	<u>Females</u>	<u>Age</u>	<u>Time</u>	<u>OV</u> <u>Pts</u>	<u>AG</u> <u>Pts</u>
Jim Flint	66	21:18	13	13	Cristina Marchese	41	24:32	13	13
Keenan Wittenberg	40	24:17	11	13	Lisa Grabbe	43	28:12	11	11
Tom Behlmer	68	26:19	9	11	Jill Pederson	74	32:40	9	13
Don VanWely	75	32:43	8	13	Jen Sharp	67	33:46	8	13
Donald Yeaton	74	43:18	7	11	Regina Grabbe	12	34:11	7	13
Ray Lee	83	47:52	6	13	Deana Endieveri	55	36:12	6	13
					Jill Mehan	70	36:50	5	11
					Margaret Wallace	76	41:04	4	9
					Candi Schermerhorn	79	44:06	3	8
					Cathy Biss	78	45:24	2	7
					Barbara Joudry	66	45:25	1	11

If you think you have been missed, please email me at brianteague@live.com