

2025 Adirondack Runners Club Grand Prix

SHORT COURSE

Cerveza Shuffle 5K roadrace GP race # 7

<u>Males</u>	<u>Age</u>	<u>Time</u>	<u>OV</u> <u>Pts</u>	<u>AG</u> <u>Pts</u>	<u>Females</u>	<u>Age</u>	<u>Time</u>	<u>OV</u> <u>Pts</u>	<u>AG</u> <u>Pts</u>
Lance Purvis	47	19:46	13	13	Tracy Delaney	60	25:20	13	13
Sam Mercado	62	22:59	11	13	Kate Corlew	11	27:50	11	13
Raymond Ruby	58	25:42	9	13	Deana Endieveri	55	38:44	9	13
Harris Lonergan	55	27:17	8	11					
Mark Sager	75	28:37	7	13					
Jim Goodspeed	74	28:46	6	11					
Michael Corlew	13	30:44	5	13					
Dan Larson	74	31:11	4	9					
Michael Dolan	66	34:23	3	11					
Jim Cunningham	80	36:23	2	13					
Ed Swanson	76	43:21	1	8					
Ray Lee	83	52:04	1	11					

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LONG COURSE

Cerveza Shuffle 10K roadrace - GP Race # 6

<u>Males</u>	<u>Age</u>	<u>Time</u>	<u>OV</u> <u>Pts</u>	<u>AG</u> <u>Pts</u>	<u>Females</u>	<u>Age</u>	<u>Time</u>	<u>OV</u> <u>Pts</u>	<u>AG</u> <u>Pts</u>
Lou Pauquette	44	39:45	13	13	Emily McCarthy	41	38:16	13	13
Greg Ethier	51	40:40	11	13	Cristina Marchese	41	51:45	11	11
Andrew McCarthy	41	42:09	9	11	Vanessa Negaard	39	55:30	9	13
Jim Flint	66	42:51	8	13	Cynthia White	43	1:05:46	8	9
Timothy Schwimer	52	47:15	7	11	Jill Pederson	74	1:07:24	7	13
Keenan Wittenberg	40	54:03	6	9	Jill Mehan	70	1:17:54	6	11
Thomas Behlmer	68	54:18	5	11					
Don VanWely	75	1:06:54	4	13					

If you think you have been missed, please email me at brianteague@live.com