

2025 Adirondack Runners Club Grand Prix

SHORT COURSE

Betar Byway 5K roadrace GP race # 5

<u>Males</u>	<u>Age</u>	<u>Time</u>	<u>OV</u> <u>Pts</u>	<u>AG</u> <u>Pts</u>	<u>Females</u>	<u>Age</u>	<u>Time</u>	<u>OV</u> <u>Pts</u>	<u>AG</u> <u>Pts</u>
Andrew McCarthy	41	20:12	13	13	Emily McCarthy	41	19:36	13	13
Sam Mercado	62	22:47	11	13	Kate Corlew	11	23:36	11	13
Michael Corlew	13	23:18	9	13	Tracey Delaney	60	25:11	9	13
Keenan Wittenberg	40	25:01	8	11	Cristina Marchese	40	25:56	8	11
Raymond Ruby	57	25:47	7	13	Jane Labombard	51	26:58	7	13
Harris Lonergan	55	26:43	6	11	Lisa Grabbe	43	28:48	6	9
Thomas Behlmer	67	27:26	5	11	Cynthia White	43	31:44	5	8
Michael Dolan	66	31:35	4	9	Heather Pauquette	43	33:20	4	7
Jeremy Grabbe	48	31:36	3	9	Jill Pederson	74	33:47	3	13
Don VanWely	75	34:31	2	13	Daniella Grabbe	12	35:26	2	11
Alexander Grabbe	12	50:21	1	11	Jill Mehan	70	36:48	1	11
Ray Lee Jr	83	54:01	1	13	Regina Grabbe	12	38:36	1	9
					Margaret Wallace	76	41:37	1	9
					Lisa Lorman	61	42:13	1	11
					Cathy Biss	78	45:10	1	8
					Barbara Joudry	65	45:10	1	9

Run for the ages 5K roadrace GP race # 6

<u>Males</u>	<u>Age</u>	<u>Time</u>	<u>OV</u> <u>Pts</u>	<u>AG</u> <u>Pts</u>	<u>Females</u>	<u>Age</u>	<u>Time</u>	<u>OV</u> <u>Pts</u>	<u>AG</u> <u>Pts</u>
Lance Purvis	47	17:59	13	13	Elizabeth Hladik	39	22:54	13	13
Jim Flint	66	20:54	11	13	Cate Corlew	11	23:47	11	13
Michael Corlew	13	23:12	9	13	Cristina Marchese	40	24:33	9	13
Keenan Wittenberg	40	23:54	8	11	Allison Wortman	37	26:18	8	11
Raymond Ruby	57	24:08	7	13	Vanessa Negaard	39	27:07	7	9
John Woodward	49	24:29	6	9	Abbey Debenedetti	42	29:18	6	11
Harris Lonergan	55	25:26	5	9	Aline Stabler	53	29:47	5	13
Mark Sager	74	26:44	4	13	Kelly McCart	49	31:13	4	9
Michael Dolan	66	32:01	3	11	Deana Endieveri	55	34:38	3	11
Donald Yeaton	73	39:25	2	11	Cathy Biss	78	44:11	2	13
					Barbara Joudry	65	44:12	1	13

If you think you have been missed, please email me at brianteague@live.com