

Adirondack Runner's Club Grand Prix 2024

Run for Kids 5K roadrace - GP Race # 15

Males	Age	Time	OV Pts	AG Pts	Females	Age	Time	OV Pts	AG Pts
Lou Pauquette	44	18:30	13	13	Tracey Delaney	60	24:31	13	13
Lance Purvis	46	20:22	11	11	Kate Corlew	11	25:07	11	13
Chad Stevens	48	20:35	9	9	Lisa Grabbe	43	28:52	9	13
Sam Mercado	61	20:43	8	13	Melissa Davidson	36	28:59	8	13
Harris Lonergan	54	25:17	7	13	Cynthia White	42	31:11	7	11
Mark Sager	74	25:38	6	13	Jill Pederson	74	31:18	6	13
Vince Fiori	58	26:05	5	11	Jennifer French	54	33:59	5	13
Jim Goodspeed	73	26:39	4	11	Daniella Grabbe	11	34:07	4	11
Daniel Larson	73	27:09	3	9	Regina Grabbe	11	34:11	3	9
Mark Schachner	69	28:49	2	11	Erica Jensen	31	34:43	2	11
Michael Corlew	12	29:12	1	13	Jill Mehan	69	37:11	1	11
Mike Rozell	67	29:16	1	9	Barb Nadler	60	39:24	1	9
Alexander Grabbe	11	35:44	1	11	Candi Schermerhorn	78	42:21	1	11
Jeremy Grabbe	48	35:46	1	8	Cathy Biss	77	43:57	1	9
Ray Lee	82	47:31	1	13	Kathleen Pfeiffer	69	49:56	1	8

Reindeer Run 5K roadrace - GP Race # 16

Males	Age	Time	OV Pts	AG Pts	Females	Age	Time	OV Pts	AG Pts
Lou Pauquette	44	18:36	13	13	Liz Darrah	32	23:59	13	13
Lance Purvis	46	19:08	11	11	Kate Corlew	11	24:00	11	13
Greg Ethier	51	20:11	9	13	Cristina Marchese	40	24:32	9	13
Sam Mercado	61	21:06	8	13	Christy Alexander	51	25:31	8	13
Jeff Sullivan	62	21:18	7	11	Jane Labombard	51	26:13	7	11
John Woodard	49	22:57	6	9	Kristina Hubert	46	27:23	6	11
Ryer Schermerhorn	17	23:46	5	13	Daniella Grabbe	11	27:59	5	11
Jeff Schwartz	56	24:56	4	11	Lisa Grabbe	43	28:00	4	9
Harris Lonegran	54	25:40	3	9	Christine Cifone-Clohokey	56	28:30	3	9
Mark Sager	74	25:46	2	13	Melissa Davidson	36	28:40	2	9
Thomas Behlmer	67	26:11	1	9	Patricia Johnston	63	31:59	1	13
Vince Fiori	58	26:38	1	8	Regina Grabbe	11	32:10	1	9
Mark Schachner	69	26:52	1	8	Cynthia White	42	32:13	1	8
Daniel Larson	73	27:15	1	11	Suzanne Nealon	74	34:09	1	13
Don VanWely	75	30:05	1	9	Michelle Ching	63	34:18	1	11
Matthew Miczek	52	30:13	1	7	Amy Lapham	48	34:51	1	7
Michael Corlew	13	30:19	1	11	Kathleen Tersigni	54	36:31	1	8
Dan Rice	51	30:32	1	6	Margaret Wallace	75	38:39	1	11
Raymond Ruby	57	30:51	1	5	Candi Schermerhorn	78	40:43	1	9
Alexander Grabbe	11	33:22	1	9	Cathy Biss	77	46:26	1	8
Harry Ching	61	33:32	1	7	Nancy Quillinan	76	46:28	1	7
Jeremy Grabbe	48	33:46	1	8	Kathy Pfeiffer	69	46:31	1	9
Jim Cunningham	80	43:18	1	13					
Raymond Lee	82	50:16	1	11					

Notes: These are preliminary results.

If you think you have been missed, please email me at brianteague@live.com

Thank you, Brian Teague