

Polar Cap Run
4 Mile Race
Lake George, NY
2/1/2020
Results by Do Right Timing

Place	Div/Tot	Name	Age	S	City	St	No.	Time	Pace
1	1/6	GREG ETHIER	46	M	CLIFTON PARK	NY	40	25:02	6:16
2	1/5	Jordan Ryan	36	M	Cohoes	NY	214	25:39	6:25
3	1/8	Timothy Bardin	58	M	QUEENSBURY	NY	7	26:03	6:31
4	1/13	EMILY BRYANS	52	F	DELANSON	NY	13	26:38	6:40
5	2/5	Jason Bull	38	M	Glenville	NY	14	27:14	6:49
6	3/5	Joe Porter	38	M	Lake George	NY	123	27:33	6:54
7	2/8	SAM MERCADO	57	M	ALBANY	NY	80	27:40	6:55
8	1/17	Jospeh Roth	23	M	Watkins Glen	NY	233	28:14	7:04
9	2/17	Zachary Jerard	25	M	Scotia	NY	230	28:21	7:06
10	3/17	Kyle Antognioni	26	M	QUEENSBURY	NY	4	28:27	7:07
11	1/10	Rob sheetel	51	M	Troy	NY	242	28:53	7:14
12	2/6	John Sullivan	48	M	Albany	NY	223	29:00	7:15
13	1/6	Kerri Thomas	44	F	Middle Granvill	NY	119	29:12	7:18
14	1/4	Jeremey Frye	31	M	Queensbury	NY	52	29:20	7:20
15	4/17	Jacob Fiore	25	M	Hamburg	NY	43	29:20	7:20
16	2/10	David Smith	50	M	Lake Placid	NY	221	29:51	7:28
17	2/13	Darci LaFave	52	F	Lake Placid	NY	71	30:07	7:32
18	1/3	Milo Gifford	43	M	Gloversville	NY	234	30:27	7:37
19	1/9	KAREN LINENDOLL	48	F	HUDSON FALLS	NY	76	30:32	7:38
20	3/13	PATTY MOORE	53	F	QUEENSBURY	NY	82	30:38	7:40
21	3/10	Michael Fosmire	51	M	Fort edward	NY	47	31:53	7:59
22	5/17	Brandon Irwin	25	M	Hartford	NY	61	31:58	8:00
23	6/17	Newell Field	23	M	Cicero	NY	41	31:59	8:00
24	7/17	ANTHONY PETROSKY	28	M	SYRACUSE	NY	206	32:00	8:00
25	8/17	Clayton Cerne	25	M	NORTH COLLINS	NY	22	32:01	8:01
26	2/4	Brad Hamilton	31	M			55	32:01	8:01
27	9/17	Sean Harrigan	28	M	CANASTOTA	NY	57	32:04	8:01
28	1/7	Roy Kline	67	M	Queensbury	NY	68	32:09	8:03
29	1/10	ROY MOWREY	61	M	GLOVERSVILLE	NY	87	32:15	8:04
30	3/4	Kevin Karashay	34	M	Saugerties	NY	64	32:41	8:11
31	2/9	JANE LABOMBARD	46	F	GLENS FALLS	NY	70	32:45	8:12
32	4/10	Jeffrey Schwartz	52	M	Saratoga Spring	NY	218	32:59	8:15
33	1/7	Brittany Redman	32	F			209	33:05	8:17
34	5/10	Chris Coyne	50	M	North creek	NY	25	33:08	8:17
35	3/6	Jerry Blackbird	45	M	Glens Falls	NY	117	33:09	8:18
36	2/7	MARK SAGER	69	M	GLENS FALLS	NY	215	33:11	8:18
37	2/10	Robert Morganson	62	M	lake placid	NY	84	33:13	8:19
38	3/8	Mike Langevin	55	M	ALBANY	NY	231	33:24	8:21
39	4/4	Nick Lanzillo	32	M	wyantskill	NY	246	33:41	8:26
40	2/3	Zak Hill	44	M	Saratoga Spring	NY	244	33:57	8:30
41	1/9	Katie Gifford	38	F	Gloversville	NY	235	33:59	8:30
42	3/10	VINCE JULIANO	62	M	DELANSON	NY	63	34:17	8:35
43	1/4	SANDY ADAMS	60	F	SHUSHAN	NY	3	34:18	8:35
44	3/7	Mark Schachner	65	M	Lake George	NY	121	34:38	8:40
45	1/6	Janice Phoenix	58	F	SCHENECTADY	NY	207	34:46	8:42
46	4/10	CHRISTOPHER KUNKEL	63	M	ORADELL	NJ	69	34:50	8:43
47	6/10	Wayne Fosmire	53	M	Fort Edward	NY	249	34:53	8:44
48	4/8	Patrick Connors	56	M	Saratoga Spring	NY	118	34:56	8:44
49	2/9	Shea Imhof	39	F	Cambridge	NY	60	34:57	8:45
50	1/4	Casey Frankoski	24	F	Rjensselaer	NY	241	35:10	8:48

Record 0:20:29 by Chuck Terry in 2006

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Place	Div/Tot	Name	Age	S	City	St	No.	Time	Pace
51	2/7	Lindsey Johnston	31	F	RUTLAND	VT	62	35:16	8:49
52	2/4	Laurie Anderson	61	F	Queensbury	NY	243	35:23	8:51
53	2/6	Susan Coyner	56	F	GLENS FALLS	NY	26	35:45	8:57
54	5/10	Michael Rozell	62	M	Queensbury	NY	213	35:47	8:57
55	10/17	Devin Ashine	27	M	GREENFLD CTR	NY	6	35:48	8:57
56	11/17	Nicholas Vasto	24	M	SELKIRK	NY	226	36:02	9:01
57	7/10	Mark Smith	51	M	Poughkeepsie	NY	220	36:07	9:02
58	8/10	James Frankoski	53	M	Rensselaer	NY	49	36:10	9:03
59	12/17	Jason Flynn	26	M	GREENWICH	NY	44	36:11	9:03
60	13/17	Jacob Foglia	23	M	WYNANTSKILL	NY	45	36:12	9:03
61	6/10	John webber	64	M	Ballston Spa	NY	248	36:13	9:04
62	14/17	Kenneth Hand	22	M	Central valley	NY	56	36:18	9:05
63	15/17	Pete Gallagher	26	M	MAHOPAC	NY	53	36:19	9:05
64	3/9	Laura Bull	38	F			15	36:20	9:05
65	4/7	Dennis Fillmore	67	M	Ballston spa	NY	42	36:27	9:07
66	2/4	Jaclyn Gamache	28	F	Hinesburg	VT	54	36:47	9:12
67	3/9	Mandy Mayer	45	F	West Rupert	VT	79	36:54	9:14
68	16/17	Charlie Pensabene	29	M	E GREENBUSH	NY	204	37:28	9:22
69	4/13	Jill Frankoski	51	F	Rensselaer	NY	48	37:37	9:25
70	1/3	Jill Pederson	69	F	Lake George	NY	99	37:46	9:27
71	4/9	Cammie Simmes	47	F	Queensbury	NY	219	37:53	9:29
72	2/3	Carlene Cardillo	66	F	Delmar	NY	21	37:55	9:29
73	5/7	RICH TANCHYK	68	M	SARATOGA SPRING	NY	224	37:57	9:30
74	3/4	Sydney Dennison	22	F	QUEENSBURY	NY	27	38:10	9:33
75	5/13	Christine Cifone-Cl	51	F	GLENS FALLS	NY	23	38:16	9:34
76	4/5	Andrew Morrison	39	M	Lake George	NY	85	38:17	9:35
77	6/13	Lisa Dennison	54	F	Queensbury	NY	28	38:19	9:35
78	7/10	wayne Murphy	60	M	New Hartford	NY	90	38:26	9:37
79	2/6	Megan Adams	42	F	SALEM	NY	2	38:35	9:39
80	4/6	JASON DIPIERRO	45	M	CHERRY PLAIN	NY	33	38:36	9:39
81	7/13	Laurie Fronhofer	51	F	Salem	NY	51	38:47	9:42
82	8/10	Mike Dolan	61	M	Pottersville	NY	238	38:48	9:42
83	6/7	LEO DIPIERRO	69	M	CHERRY PLAIN	NY	32	38:53	9:44
84	9/10	Stephen Rockmacher	54	M	NISKAYUNA	NY	212	38:56	9:44
85	3/7	Leslie Appling	30	F	Whitehall	NY	5	39:02	9:46
86	4/9	Melissa Desalvo	36	F	Bethpage	NY	239	39:09	9:48
87	5/6	David Cann	47	M	queensbury	NY	20	39:19	9:50
88	1/3	James Callahan	75	M	SARATOGA SPGS	NY	19	39:42	9:56
89	5/9	wendi Kerls	46	F	SARATOGA SPGS	NY	66	39:45	9:57
90	5/9	Jenifer Nix	39	F	Warrensburg	NY	95	39:54	9:59
91	4/7	Mary Kissane	34	F	Queensbury	NY	67	40:00	10:00
92	8/13	Stephanie Rockmache	54	F			211	40:32	10:08
93	9/10	ERIC PARKER	63	M	JOHNSTOWN	NY	98	40:34	10:09
94	5/8	Stephen Obermayer	58	M	Burnt Hills	NY	97	40:36	10:09
95	3/6	Alexandria Dery Sni	40	F	Cambridge	NY	29	40:40	10:10
96	5/5	Jeffrey Mullen	37	M	Ballston Lake	NY	88	40:41	10:11
97	4/6	Casey Burns	41	F	QUEENSBURY	NY	16	41:21	10:21
98	9/13	TRACY WATSON	50	F	JOHNSBURG	NY	227	41:43	10:26
99	4/4	KENDYL MORSE	26	F	GLENS FALLS	NY	86	42:09	10:33
100	3/3	SUZANNE NEALON	69	F	GLENS FALLS	NY	93	42:13	10:34

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101	5/7	Anita Mallya	33	F	GUILDERLAND	NY	77	42:28	10:37
102	6/9	tina bennett	49	F	CLEMONS	NY	11	42:34	10:39
103	1/4	Bob Howe	72	M	Barre	VT	236	42:39	10:40
104	3/4	Carol Ann Elze-Suss	62	F	Diamond Point	NY	39	43:08	10:47
105	6/6	Paul Morgan	49	M	WAPPINGERS FL	NY	83	43:47	10:57
106	2/3	EDDIE MUNOZ	77	M	OLMSTEDVILLE	NY	89	44:23	11:06
107	1/1	Jackson Miller	06	M	Granville	NY	81	44:25	11:07
108	2/4	Don Van wely	70	M	Adirondack	NY	237	44:31	11:08
109	6/9	Jenn Turcotte	37	F	Brant Lake	NY	240	44:57	11:15
110	17/17	Walker Tedford	25	M	Ballston Spa	NY	232	45:04	11:16
111	7/7	Steve Mastaitis	66	M	Saratoga Spring	NY	78	45:19	11:20
112	7/9	CRYSTAL EGGLESTON	37	F	WHITEHALL	NY	38	45:22	11:21
113	3/6	Karla Conway	56	F	MIDDLE GROVE	NY	24	45:51	11:28
114	4/6	Janet Dickey	55	F	Westbrook	CT	30	45:56	11:29
115	5/6	Brandy Murphy	44	F	BALLSTON SPA	NY	92	45:59	11:30
116	5/6	Kathleen Freese	59	F	Ballston Spa	NY	50	46:15	11:34
117	4/4	Theresa Hughes	64	F	BALLSTON SPA	NY	59	46:16	11:34
118	7/9	Jennifer Dickinson	49	F	Exxex Jct	VT	31	46:20	11:35
119	6/7	Christina Bauer	34	F	Watervliet	NY	8	46:23	11:36
120	10/13	TERRI BUTKOWSKI	50	F	LAKE GEORGE	NY	17	47:28	11:52
121	10/10	LARRY PELEGGI	62	M	COLONIE	NY	203	47:37	11:55
122	1/2	CANDI SCHERMERHORN	73	F	DIAMOND POINT	NY	217	48:11	12:03
123	7/7	Ashley Duval	34	F	Glens Falls	NY	35	48:29	12:08
124	8/9	Kathleen Tersigni	49	F	BURNT HILLS	NY	225	48:29	12:08
125	6/8	Michael Lechman	55	M	ESSEX JCT	VT	73	48:34	12:09
126	3/3	JOSH DIPIERRO	44	M	CHERRY PLAIN	NY	34	48:35	12:09
127	3/4	Rick Ebel	70	M	Vergennes	VT	36	49:19	12:20
128	4/4	John Hall	70	M	Lake George	NY	122	50:17	12:35
129	11/13	Sandra Honsinger	53	F	Troy	NY	58	50:26	12:37
130	6/6	Veronica LaMarque	57	F	Glens Falls	NY	72	50:57	12:45
131	7/8	Mike Bell	59	M	Glens Falls	NY	10	50:57	12:45
132	8/9	Rebecca Ebel	38	F	Vergennes	VT	37	51:20	12:50
133	2/2	CATHY BISS	72	F	QUEENSBURY	NY	12	51:25	12:52
134	9/9	Kristin Preuss	49	F	Queensbury	NY	247	52:59	13:15
135	3/3	RAY LEE Jr.	77	M	HALFMOON	NY	74	55:46	13:57
136	8/8	william whitney	57	M	lake placid	NY	229	56:17	14:05
137	10/10	MICHAEL LEE	52	M	HALFMOON	NY	75	58:10	14:33
138	6/6	Meghan Perryman	40	F	Wevertown	NY	205	58:49	14:43
139	1/1	JOE KELLY	86	M	MENANDS	NY	65	1:00:13	15:04
140	12/13	Tricia Biles	51	F	kattskill Bay	NY	245	1:00:17	15:05
141	13/13	Maryanne Mackenzie	52	F	Queensbury	NY	120	1:40:15	25:04
142	9/9	Lauren Murphy	37	F	baldwinsville	NY	91	1:43:18	25:50

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