

Adirondack Runner's Club Grand Prix 2023

Adirondack Distance Festival 10K - GP Race # 9

Males					Females				
	<u>Age</u>	<u>Time</u>	<u>OV</u> <u>Pts</u>	<u>AG</u> <u>Pts</u>		<u>Age</u>	<u>Time</u>	<u>OV</u> <u>Pts</u>	<u>AG</u> <u>Pts</u>
Andrew McCarthy	39	41:40	13	13	Emily McCarthy	39	41:39	13	13
Vincent Fiori	57	51:28	11	13	Justine Trybendis	41	42:01	11	13
Mark Schachner	68	60:50	9	13	Christine Cifone-Clohohey	55	56:02	9	13
					Michele Hunt	57	58:22	8	11
					Jill Pederson	72	64:31	7	13
					Cathy Biss	76	87:54	6	11

Spud Run 5K roadrace - GP Race # 10

Males					Females				
	<u>Age</u>	<u>Time</u>	<u>OV</u> <u>Pts</u>	<u>AG</u> <u>Pts</u>		<u>Age</u>	<u>Time</u>	<u>OV</u> <u>Pts</u>	<u>AG</u> <u>Pts</u>
Ray Ruby	56	24:52	13	13	Justine Trybendis	41	20:25	13	13
Daniel Larson	72	28:28	11	13	Jennifer Dingman	36	23:46	11	13
Mark Schachner	68	28:48	9	13	Jane LaBombard	50	25:36	9	13
					Jill Pederson	72	31:07	8	13
					Jennifer Sharp	65	32:54	7	13
					Deana Endieveri	53	33:04	6	11
					Cynthia White	41	33:15	5	11
					Sue Nealon	73	33:58	4	11
					Candi Schermerhorn	77	38:48	3	9
					Cathy Biss	76	41:32	2	8

Goblin Gallop 5K roadrace - GP Race # 11

Males					Females				
	<u>Age</u>	<u>Time</u>	<u>OV</u> <u>Pts</u>	<u>AG</u> <u>Pts</u>		<u>Age</u>	<u>Time</u>	<u>OV</u> <u>Pts</u>	<u>AG</u> <u>Pts</u>

Notes: These are preliminary results. They do not yet include any volunteer points.

If you think you have been missed, please email me at brianteague@live.com

Remember: only members as 10/01/23 are counted here. Membership may take up to 2 weeks to process.

Thank you,
Brian Teague