

Age-Group Results, Including Overall Winners
 33rd Annual Prospect Mountain Road Race
 May 13,2023 * Lake George, NY * 9:00 AM
www.adirondackrunners.org
www.dorighttiming.com

		MALE AGE GROUP: 1 - 19		
1	117	William Mohr III	14 Ballston Spa	NY 1:14:35
		FEMALE AGE GROUP: 1 - 19		
		MALE AGE GROUP: 20 - 24		
1	4	Jared Dybas	23 GROTON	CT 40:58
		FEMALE AGE GROUP: 20 - 24		
1	94	Jenna Urbanski	20 Stillwater	NY 1:07:20
		MALE AGE GROUP: 25 - 29		
1	5	Rob Barracca	26 East Meadow	NY 41:01
2	7	Jacob Erdman	26 LAKE GEORGE	NY 42:08
3	12	Nick Underwood	29 Queensbury	NY 43:29
4	17	Michael Ventimiglia	28 Queensbury	NY 45:49
5	21	Joe Marasco	27 Queensbury	NY 46:45
6	67	Adam Romlein	25 Saratoga Springs	NY 58:28
7	108	Christopher Pomervi	29 Round Lake	NY 1:10:37
		FEMALE AGE GROUP: 25 - 29		
1	10	Tara Peck	28 Gansevoort	NY 42:45
2	30	Margaret MacDonald	28 Gansevoort	NY 50:14
3	41	Amy McLean	26 Queensbury	NY 53:01
		MALE AGE GROUP: 30 - 34		
1	9	Michael Bodnar	31 Westport	NY 42:33
2	13	Frankie Disomma	32 Adirondack	NY 43:52
3	15	Ben Heller	34 Troy	NY 45:01
4	65	Austin Peterson	34 Queensbury	NY 58:16
5	83	Anthony Szmul	30 Queensbury	NY 1:03:14
6	102	Greg Redling	30 Saratoga Springs	NY 1:09:01
7	104	Sean Palladino	32 Glens Falls	NY 1:09:50
		FEMALE AGE GROUP: 30 - 34		
1	18	Tricia Longo	33 Waterford	NY 46:09
2	56	Megan James	34 Charlton	NY 56:26
3	92	Danielle Moroukian	32 Adirondack	NY 1:06:56
4	114	Portia Studenroth	34 Glens Falls	NY 1:13:49
5	123	Meghan Ross	30 Ballston Lake	NY 1:16:49
6	131	Whitney Griffin	34 Piere	SD 1:21:35
7	132	Tasha Davis	31 Troy	NY 1:21:40
8	156	Taylor Miller	33 Albany	NY 1:50:06
		MALE AGE GROUP: 35 - 39		
1	2	Shaun Donegan	37 Malta	NY 38:16
2	11	Thomas Gabriel	35 Niskayuna	NY 43:23
3	16	Greg Potestio	37 Delmar	NY 45:46
4	20	Paul Mueller	39 Delmar	NY 46:35
5	33	Kevin Karashay	37 Glens Falls	NY 51:07
6	45	Phillip Monthie	36 Clifton Park	NY 53:15

7	66	Derek Morrison	36	Gansevoort	NY	58:27
8	95	Russell Matteson	39	Fort Edward	NY	1:07:37
9	107	Keenan Wittenberg	38	Queensbury	NY	1:10:34

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FEMALE AGE GROUP: 35 - 39

1	8	Karen Bertasso	38	selkirk	NY	42:17
2	28	Elizabeth Chauhan	38	Albany	NY	49:55
3	40	Erin Rightmyer	39	Delmar	NY	52:56
4	50	Janne Rand	38	Rexford	NY	54:21
5	72	Cristina Marchese	38	Queensbury	NY	59:36
6	82	Alexandra Barbieri	38	Fort Edward	NY	1:02:56
7	101	Lizzie Clohessey	36	Queensbury	NY	1:09:00
8	109	Sarah Bodnar	37	Schuylerville	NY	1:10:41
9	110	Crystal Hayes	39	Ballston Lake	NY	1:10:51

MALE AGE GROUP: 40 - 44

1	1	Eric Blake	44	West Hartford	CT	35:15
2	3	Jim Sweeney	41	Albany	NY	39:36
3	6	Alejandro Gauna	40	Delmar	NY	41:56
4	14	Michael Austin	41	Slingerlands	NY	44:46
5	19	Peter Koch	41	Delmar	NY	46:11
6	24	Matt Vernon	42	Sunderland	VT	48:57
7	27	Tom Portuese	41	Queensbury	NY	49:42
8	31	David Newman	43	Albany	NY	50:28
9	49	John Deer	40	Slingerlands	NY	54:03
10	54	Adam LaBarre	44	Clifton park	NY	55:59
11	59	Robert Mackenzie	44	Rhinebeck	NY	57:14

FEMALE AGE GROUP: 40 - 44

1	29	Justine Trybendis	40	Glens Falls	NY	50:03
2	42	Diana Knobloch	42	Niskayuna	NY	53:07
3	48	Kari Deer	44	Slingerlands	NY	54:02
4	60	Mariel Swan	42	Diamond Point	NY	57:30
5	74	Elisa Donato	43	Sunderland	VT	1:01:14
6	85	Elizabeth Weir	40	Argyle	NY	1:04:14
7	103	Julia Craine	42	Queensbury	NY	1:09:13
8	118	Amanda Rose	43	Gloversville	NY	1:14:41
9	130	Jamie Lemiszki	44	Tribes Hill	NY	1:21:24

MALE AGE GROUP: 45 - 49

1	22	Brian Northan	48	Guilderland	NY	47:36
2	25	Joe Cetnar	46	Fort Johnson	NY	49:08
3	34	Gabriel McGarry	46	Slingerlands	NY	51:21
4	35	Andrew Snell	49	Queensbury	NY	51:44
5	119	John Woodard	47	Glens falls	NY	1:14:54

FEMALE AGE GROUP: 45 - 49

1	70	Jessica Northan	47	Guilderland	NY	59:07
2	100	Pamela Cooper	46	Greenfield Center	NY	1:08:54
3	124	Lindsay France	46	Ballston lake	NY	1:16:50

MALE AGE GROUP: 50 - 54

1	23	William Amoriell	53	Peru	NY	48:35
2	26	Andrew Eyer	51	Gansevoort	NY	49:16
3	46	Neil Sergott	51	Clifton Park	NY	53:26

4	58	Bernie Landa	51 Clifton Park	NY	56:42
5	71	William Mohr Jr.	53 Ballston Spa	NY	59:07
6	73	Tim Schwimer	50 Queensbury	NY	59:37
7	79	Michael Fosmire	54 Fort Edward	NY	1:02:02
8	86	Stephen Casavant	50 South Glens Falls	NY	1:04:16
9	90	Harris Lonergan	53 Queensbury	NY	1:06:22
10	120	Matthew Miczek	51 Saratoga Springs	NY	1:15:02
11	144	George Lavin	54 FORT ANN	NY	1:28:50

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FEMALE AGE GROUP: 50 - 54

1	52	Freddi Triback	51 Lynn	MA	54:52
2	78	Julie Urbanski	54 Stillwater	NY	1:01:47
3	93	Linda DeDominicis	54 Menands	NY	1:07:16
4	97	Christine Cifone-Cl	54 Glens Falls	NY	1:07:46
5	111	Jodie Lackey	54 Glens Falls	NY	1:11:24
6	142	Darcy Leigh	54 Gansevoort	NY	1:27:32
7	143	Courtney Moriarta	54 Saratoga Springs	NY	1:28:32

MALE AGE GROUP: 55 - 59

1	38	Jeff Gould	58 Gardner	MA	51:57
2	51	Mike Langevin	58 Colonie	NY	54:26
3	57	Nick Demos	58 queensbury	NY	56:36
4	61	Daniel Erdman	55 GOUVERNEUR	NY	57:35
5	69	Loring Porter	57 Lake placid	NY	59:01
6	112	Tom Mack	58 Wynanskill	NY	1:12:44
7	145	Michael Lee	56 Halfmoon	NY	1:31:20

FEMALE AGE GROUP: 55 - 59

1	44	Emily Bryans	55 Delanson	NY	53:13
2	62	susan Demos	56 queensbury	NY	57:36
3	68	Pamela Ricker	58 Middle Village	NY	58:48
4	81	Marcia Paterson	58 Lake George	NY	1:02:39
5	84	Darci Whitney	55 Lake Placid	NY	1:03:34
6	88	sau-mei leung	57 clinton	MA	1:05:37
7	113	Anne Reis	59 Cooperstown	NY	1:13:18
8	121	Daria Oakes	57 SARATOGA SPGS	NY	1:15:27
9	125	Heidi Collins	55 Hudson Falls	NY	1:17:30
10	136	Judith Trier	59 Round Lake	NY	1:23:49

MALE AGE GROUP: 60 - 64

1	32	Michael Stalker	60 Chestertown	NY	50:59
2	39	Timothy Bardin	61 Queensbury	NY	52:34
3	47	Sam Mercado	60 Saratoga Springs	NY	53:56
4	53	Mark Weider	61	NY	55:27
5	75	William McGivney	60 Diamond Point	NY	1:01:31
6	77	Brian Walfield	61 Lynn	MA	1:01:43
7	91	Lewis Santoni	64 Glens Falls	NY	1:06:40
8	96	Fraser Strain	64 SInt Petersburg	FL	1:07:45
9	127	Edward Varney	64 Bedford	MA	1:17:56
10	139	Mark Klingbeil	60 Saratoga Springs	NY	1:24:51
11	153	Billy Whitney	61 Lake Placid	NY	1:44:03

FEMALE AGE GROUP: 60 - 64

1	37	Beth Stalker	63 Chestertown	NY	51:54
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2	43	Colleen Brackett	62	Albany	NY	53:10
3	64	Jacqueline Shakar	63	Sutton	MA	58:07
4	134	Jenny Lee	63	Selkirk	NY	1:22:10
5	137	Jolynn Pierce	64	Ballston Spa	NY	1:23:53
6	152	Robin Meece Varney	62	Bedford	MA	1:41:34
7	154	Kathy Chambers	62	Salem	NY	1:46:07

MALE AGE GROUP: 65 - 69

1	55	Richard Foote	65	Bridport	VT	56:07
2	87	Ron Lester	65	Coeymans Hollow	NY	1:04:56
3	98	Darrel Lasell	65	Williamstown	VT	1:08:04
4	122	Mark Schachner	68	Lake George	NY	1:16:33
5	128	Robert Morganson	66	Lake Placid	NY	1:19:52
6	135	Stephen Mastaitis	69	Saratoga Springs	NY	1:22:57

FEMALE AGE GROUP: 65 - 69

1	89	Caryn Etherington	66	Middlebury	VT	1:05:58
2	115	Melody Hoffmann	66	Coeymans Hollow	NY	1:13:57
3	146	Georgia Sullivan	67	Albany	NY	1:32:14
4	155	Joanne Underwood	65	South Glens Falls	NY	1:46:19

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MALE AGE GROUP: 70 - 74

1	63	Lee Pollock	70	Queensbury	NY	57:40
2	76	Roy Kline	70	Queensbury	NY	1:01:39
3	80	Mark Sager	72	Glens Falls	NY	1:02:29
4	105	Daniel Larson	71	Queensbury	NY	1:10:07
5	116	John Bledsoe	71	Glens Falls	NY	1:14:29
6	129	Larry Mancini	72	North River	NY	1:20:37
7	138	Daniel Olden	71	Queensbury	NY	1:24:51
8	141	Robert McAvoy	70	Glens Falls	NY	1:27:25

FEMALE AGE GROUP: 70 - 79

1	99	Missy Foote	70	Bridport	VT	1:08:10
2	106	Martha DeGrazia	72	Slingerlands	NY	1:10:20
3	126	Deborah Briggs	71	Rhinebeck	NY	1:17:52
4	133	Jill Pederson	72	Lake George	NY	1:22:00
5	147	Cathy Biss	75	Queensbury	NY	1:32:22
6	148	Candi Schermerhorn	76	Diamond Pt	NY	1:32:28
7	149	Diane Zeccola	72	Rexford	NY	1:35:38
8	150	Margaret Wallace	73	Queensbury	NY	1:36:34
9	157	Laura Clark	76	Saratoga Springs	NY	1:59:15

MALE AGE GROUP: 75 - 79

1	140	James Callahan	78	Saratoga Springs	NY	1:26:57
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MALE AGE GROUP: 80 - 99

1	151	Ray Lee Jr	81	Halfmoon	NY	1:41:29
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