

Adirondack Runner's Club Grand Prix 2022

Mohawk Hudson River half marathon - GP Race # 9

		<u>OV</u>	<u>AG</u>			<u>OV</u>	<u>AG</u>		
<u>Males</u>	<u>Age</u>	<u>Time</u>	<u>Pts</u>	<u>Pts</u>	<u>Females</u>	<u>Age</u>	<u>Time</u>	<u>Pts</u>	<u>Pts</u>
Matthew Brown	23	1:19:13	13	13	Susan Coyner	59	1:27:56	13	13
Ray Lee	80	3:25:32	11	13					

Goblin Gallop 5K roadrace - GP Race # 10

		<u>OV</u>	<u>AG</u>			<u>OV</u>	<u>AG</u>		
<u>Males</u>	<u>Age</u>	<u>Time</u>	<u>Pts</u>	<u>Pts</u>	<u>Females</u>	<u>Age</u>	<u>Time</u>	<u>Pts</u>	<u>Pts</u>
Matthew Brown	23	17:22	13	13	Justine Trybendis	40	22:19	13	13
Sam Mercado	59	20:15	11	13	Jane LaBombard	49	24:30	11	11
Timothy Bardin	60	21:25	9	13	Susan Coyner	59	24:59	9	13
Nicholas Chowske	39	23:45	8	13	Christine Cifone-Clohosey	54	28:17	8	11
Nick Lamando	64	23:52	7	11	Kerry Sullivan	33	28:22	7	13
Jim Goodspeed	71	25:31	6	13	Kiley Sullivan	28	28:23	6	13
Mark Sager	72	26:45	5	11	Lisa Grabbe	40	29:12	5	9
Michael Rozell	65	29:14	4	9	Alexandra Dery Snider	43	30:06	4	8
Jeremy Grabbe	46	31:51	3	13	Melissa Davidison	34	30:08	3	11
Dan Rice	49	33:26	2	11	Jill Pederson	71	30:24	2	13
Jim Cunningham	78	37:40	1	9	Billie Jo Pratt	46	30:39	1	7
Jim Moore	83	39:54	1	13	Regina Grabbe	9	31:49	1	13
Alexander Grabbe	9	41:46	1	13	Daniella Grabbe	9	31:49	1	11
Peter Carpenter	65	41:58	1	8	Cynthia White	40	32:43	1	6
Ray Lee	80	44:43	1	11	Margaret Wallace	73	33:20	1	11
					Suzanne Nealon	72	37:12	1	9
					Linda Ellingsworth	69	37:46	1	13
					Kathy Pfeiffer	67	44:28	1	11
					Cathy Biss	75	46:40	1	8

Fall Back 5 miler – GP Race # 11

		<u>OV</u>	<u>AG</u>			<u>OV</u>	<u>AG</u>		
<u>Males</u>	<u>Age</u>	<u>Time</u>	<u>Pts</u>	<u>Pts</u>	<u>Females</u>	<u>Age</u>	<u>Time</u>	<u>Pts</u>	<u>Pts</u>
Daniel Larson	71	52:28	13	13	Lisa Grabbe	40	54:16	13	13
Stephen Obermayer	61	56:40	11	13	Cynthia White	40	63:02	11	11
Jeremy Grabbe	46	56:57	9	13	Laura Clark	75	78:55	9	13
Ray Lee	80	77:20	8	13					

Notes: These are preliminary results. They do not yet include any volunteer points.

If you think you have been missed, please email me at brianteague@live.com

Remember: only members as 11/15/22 are counted here. Membership may take up to 2 weeks to process.

Thank you,
Brian Teague