

Polar Cap Run  
4 Mile Race  
Lake George, NY  
Results by Do Right Timing

Place	Div/Tot	Name	Age	S	City	St	No.	Time	Pace
1	1/3	Brandon Olden	18	M	Chestertown	NY	93	22:52	5:43
2	1/5	Volker Burkowski	47	M	Gansevoort	NY	12	24:01	6:01
3	2/3	Joseph Cocozza	16	M	Queensbury	NY	86	24:32	6:08
4	3/3	Holden Decker	16	M	Ballston Spa	NY	97	24:37	6:10
5	1/8	Derrick Staley	60	M	Ballston lake	NY	69	25:02	6:16
6	2/5	Greg Ethier	45	M	Clifton Park	NY	24	25:57	6:30
7	1/8	Timothy Bardin	57	M	Queensbury	NY	4	26:36	6:39
8	1/6	thomas marcellus	53	M	ballston spa	NY	80	27:57	7:00
9	1/1	Fred Brooks	39	M	Albany	NY	9	28:31	7:08
10	2/8	Sam Mercado	56	M	Albany	NY	49	28:47	7:12
11	1/5	Kerri Thomas	43	F	Middle Granvill	NY	103	28:55	7:14
12	1/3	Matthew Gaschel	33	M	GREENFLD CTR	NY	79	29:05	7:17
13	2/6	Rob Sheftel	50	M	Troy	NY	90	29:49	7:28
14	3/6	Tim Thomas	51	M	Middle Granvill	NY	102	30:17	7:35
15	4/6	Charles Maurer	53	M	Saratoga Spring	NY	105	30:19	7:35
16	2/8	Brian Teague	60	M	Glens Falls	NY	72	30:21	7:36
17	1/5	Patty Moore	52	F	Queensbury	NY	50	30:24	7:36
18	1/4	Margaret McKeown	61	F	Moreau	NY	92	30:26	7:37
19	1/5	Cheryl Sarjeant	39	F	averill park	NY	64	31:01	7:46
20	1/2	Neil Tyrrell	43	M	SARATOGA SPGS	NY	74	31:23	7:51
21	3/5	John Sullivan	47	M	Albany	NY	70	31:36	7:54
22	1/7	Jim Morisseau	66	M	Cornwall	NY	106	32:03	8:01
23	2/7	Bob Mead	69	M	East Greenbush	NY	91	32:16	8:04
24	1/3	Jean Marie Kratzer	30	F	Cambridge	NY	39	32:17	8:05
25	3/8	Patrick Connors	55	M	Saratoga Spring	NY	83	32:35	8:09
26	2/5	Lee Briggs	40	F	Ballston Spa	NY	8	32:42	8:11
27	3/8	Christopher Kunkel	62	M	Oradell	NJ	41	32:49	8:13
28	4/5	Andy LaPorta	46	M	HALFMOON	NY	82	32:55	8:14
29	5/6	Bruce Peek	51	M	Gansevoort	NY	88	33:07	8:17
30	4/8	Donald Proulx	57	M	SARATOGA SPGS	NY	61	34:05	8:32
31	2/5	Katie Gifford	37	F	Gloversville	NY	28	34:08	8:32
32	2/3	Lindsey Johnston	30	F	Rutland	VT	35	34:14	8:34
33	1/6	Tara Penge	48	F	Saratoga	NY	98	34:17	8:35
34	5/5	Jason Penge	48	M	Saratoga Spring	NY	99	34:29	8:38
35	4/8	Roy Mowrey	60	M	Gloversville	NY	51	34:51	8:43
36	5/8	Vince Juliano	61	M	Delanson	NY	36	35:08	8:47
37	6/8	Tom Behlmer	61	M	Queensbury	NY	5	35:12	8:48
38	2/3	Erik Kuffel	30	M	Saratoga Spring	NY	40	35:38	8:55
39	3/7	Mark Sager	68	M	Glens Falls	NY	78	36:45	9:12
40	1/3	Jan Phoeniz	57	F	Schenectady	NY	87	36:45	9:12
41	4/7	Leo DiPierro	68	M	Cherry Plain	NY	21	36:53	9:14
42	1/5	Darlene Cardillo	65	F	Delmar	NY	14	38:28	9:37
43	3/5	Jamie Lemiszki	40	F	Tribes Hill	NY	45	38:38	9:40
44	2/5	Chris Cifone-Clohos	50	F	Glens Falls	NY	81	39:00	9:45
45	1/3	James Callahan	74	M	SARATOGA SPGS	NY	13	39:05	9:47
46	2/6	Stephanie Davis	49	F	SARATOGA SPGS	NY	84	39:06	9:47
47	3/5	Emily Soape	38	F	SARATOGA SPGS	NY	68	39:06	9:47
48	5/8	Robert Phillips	59	M	Bantam	CT	94	39:08	9:47
49	1/1	Devin Ashine	26	M	Greenfield Cent	NY	2	39:38	9:55
50	2/4	Barbara Connolly	60	F	Delmar	NY	18	40:40	10:10

Record 0:20:29 by chuck Terry in 2006

Polar Cap Run  
4 Mile Race  
Lake George, NY  
Results by Do Right Timing

Place	Div/Tot	Name	Age	S	City	St	No.	Time	Pace
51	5/7	Richard Tanchyk	67	M	Saratoga Spring	NY	71	40:51	10:13
52	7/8	Eric Parker	62	M	Johnstown	NY	58	40:57	10:15
53	6/8	wayne murphy	59	M	New Hartford	NY	52	41:06	10:17
54	3/6	Tracy Watson	49	F	Johnsburg	NY	75	41:07	10:17
55	3/3	Dan Arrabito	30	M	LAKE LUZERNE	NY	1	41:12	10:18
56	1/3	Alycia Nicholson	23	F	Corinth	NY	55	41:12	10:18
57	7/8	Stephen Obermayer	57	M	Burnt Hills	NY	56	41:25	10:22
58	3/4	Sheri Steele	60	F	Ballston Spa	NY	96	41:49	10:28
59	4/5	Kristen Costello	36	F	Ballston Spa	NY	19	41:54	10:29
60	2/3	David Forbes	72	M	Argyle	NY	25	42:18	10:35
61	8/8	Jeffrey Nerney	62	M	RUTLAND	VT	54	43:13	10:49
62	4/6	Kathleen Tersigni	48	F	BURNT HILLS	NY	73	43:26	10:52
63	1/1	Jaime Smith	17	F	Kattskill Bay	NY	66	43:32	10:53
64	4/5	Megan Coker	44	F	GLENS FALLS	NY	17	43:38	10:55
65	2/2	Joseph Genter	44	M	Saratoga Spring	NY	27	43:57	11:00
66	2/5	Sue Nealon	68	F	Glens Falls	NY	53	44:25	11:07
67	5/6	Deana Endieveri	49	F	South Glens Fal	NY	23	45:43	11:26
68	3/5	Cindy Bernard	51	F	Ballston Spa	NY	7	46:05	11:32
69	2/3	Tessa Williams	26	F	Ballston Spa	NY	101	47:04	11:46
70	4/5	Lory Smitka	51	F	Amsterdam	NY	67	47:39	11:55
71	6/6	Charleen Makahon	46	F	Clifton Park	NY	47	47:44	11:56
72	3/3	Ashley Catlin	32	F	Fort Edward	NY	15	47:45	11:57
73	6/7	Rick Ebel	69	M	Vergennes	VT	22	47:55	11:59
74	2/3	Veronica LaMarque	56	F	Glens Falls	NY	42	48:06	12:02
75	8/8	Mike Bell	58	M	Glens Falls	NY	6	48:07	12:02
76	6/6	Michael Lechman	54	M	ESSEX JCT	VT	43	48:58	12:15
77	3/3	Ashley Catlin	26	F	GANSEVOORT	NY	16	49:38	12:25
78	5/5	Rachel Mashtare	41	F	Granville	NY	48	49:41	12:26
79	3/3	Hayley Killon	55	F	Olmstedville	NY	37	50:29	12:38
80	1/2	Candi Schermerhorn	72	F	diamond pt	NY	85	53:19	13:20
81	5/5	Samdra Honsinger	52	F	TROY	NY	32	53:27	13:22
82	7/7	John Hall	69	M	Lake George	NY	104	53:29	13:23
83	3/5	Maria Phillips	65	F	Bantam	CT	95	57:33	14:24
84	5/5	Meghan Perryman	39	F	Wevertown	NY	60	59:00	14:45
85	3/3	Raymond Lee	76	M	Half Moon	NY	44	1:04:03	16:01
86	2/2	Cathy Biss	71	F	Queensbury	NY	100	1:04:05	16:02
87	4/5	Andrea Halnon	65	F	Lincoln	VT	29	1:14:55	18:44
88	5/5	Mary Jane Broughton	67	F	Cornwall	VT	10	1:15:18	18:50
89	4/4	susan sears	64	F	cornwall	VT	65	1:15:19	18:50

↑