

# Adirondack Runner's Club Grand Prix 2017

## Polar Cap 4 Mile roadrace - GP Race # 1

<u>Males</u>	<u>Age</u>	<u>Time</u>	<u>OV pts</u>	<u>AG pts</u>	<u>Females</u>	<u>Age</u>	<u>Time</u>	<u>OV pts</u>	<u>AG pts</u>
Jason Linendoll	20	22:10	13	13	Kristin Olmstead	45	31:06	13	13
Volker Burkowski	45	23:13	11	13	Melissa Kwasniewski	40	31:40	11	11
Will Venner	57	25:09	9	13	Patty Moore	50	31:43	9	13
Tim Bardin	55	25:28	8	11	Karen Linendoll	45	33:39	8	9
Nick Lamando	58	27:45	7	9	Mary Collins-Finn	67	35:38	7	13
Sam Mercado	54	27:59	6	8	Cynthia White	35	37:14	6	13
Randy Johnson	47	30:12	5	11	Christine Cifone	48	37:22	5	8
Mark Sager	66	30:46	4	13	Jill Pederson	66	37:34	4	11
Lance Decker	46	32:06	3	9	Tracy Watson	47	38:01	3	7
Mark Schachner	62	33:59	2	11	Ellen Caffry	56	39:23	2	11
Joseph Morris	39	34:46	1	13	Judy Beers	63	41:19	1	9
Eric Clark	53	38:38	1	7	Kelly Anne Burr	35	43:12	1	11
David Forbes	70	39:34	1	13	Carol Ann Elze-Sussc	59	43:18	1	9
Isaac Kwasniewski	13	40:24	1	13	Ronda Morris	36	43:47	1	9
Ray Lee	74	57:59	1	11	Kathy Chambers	56	51:53	1	8
					Joanne Lalonde	58	51:54	1	7
					Cathy Biss	69	57:48	1	8

**2017 Polar Cap overall winners Nick Marcantoni & Karen Bertasso**



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Notes: These are preliminary results. They do not yet include any volunteer points.

If you think you have been missed, please email me at [brianteague@live.com](mailto:brianteague@live.com)

Remember: only members as 2/05/17 are counted here. Membership may take up to 2 weeks to process.

Thank you,  
Brian Teague