

Adirondack Runner's Club Grand Prix 2017

Run for the ages 5K roadrace - GP Race # 7

<u>Males</u>	<u>Age</u>	<u>Time</u>	<u>OV pts</u>	<u>AG pts</u>	<u>Females</u>	<u>Age</u>	<u>Time</u>	<u>OV pts</u>	<u>AG pts</u>
William Venner	58	18:27	13	13	Judy Beers	64	28:15	13	13
Jim Goodspeed	66	23:34	11	13	Tracy Watson	47	28:23	11	13
Chris Round	56	24:07	9	11	Jill Pederson	66	28:52	9	11
Donald Yeaton	65	28:16	8	11	Candi Schermerhorn	70	32:28	8	13
Walt McConnell	85	44:51	7	13	Melissa Goodspeed	65	34:22	7	9
					Wendy Yeaton	54	39:00	6	13
					Cathy Biss	70	39:03	5	11

Adirondack Distance Run 10 mile roadrace - GP Race # 8

<u>Males</u>	<u>Age</u>	<u>Time</u>	<u>OV pts</u>	<u>AG pts</u>	<u>Females</u>	<u>Age</u>	<u>Time</u>	<u>OV pts</u>	<u>AG pts</u>
William Venner	58	1:06:00	13	13	Melissa Kwasniewski	40	1:27:13	13	13
Sam Mercado	54	1:12:39	11	11	Brooke Morgan	40	1:33:56	11	11
Nick Lamando	58	1:17:58	9	9	Cynthia White	35	1:33:56	9	13
Bill Moreland	51	1:23:50	8	8	Susan Coyner	53	1:35:30	8	13
Matthew Smith	29	1:24:15	7	13	Christine Cifone-Cloho:	48	1:37:52	7	9
Jeffrey Coyner	44	1:30:43	6	13	Michele Eicher	43	1:40:38	6	8
Nick Laplaca	47	1:37:19	5	11	Tracy Watson	47	1:43:41	5	7
Ted Rydzewski	53	1:38:26	4	7	Judy Beers	64	1:43:49	4	13
Stephen Obermayer	56	1:39:02	3	6	Mary Collins Finn	68	1:44:09	3	11
Jim Moore	77	1:42:53	2	13	Kelly Anne Burr	35	1:54:58	2	11
Ray Lee	75	2:29:47	1	11	Sue Nealon	67	1:55:42	1	9
					Kathleen Tersigni	46	1:58:27	1	6

Notes: These are preliminary results. They do not yet include any volunteer points.

If you think you have been missed, please email me at brianteague@live.com

Remember: only members as 6/02/17 are counted here. Membership may take up to 2 weeks to process.

Thank you,

Brian Teague